



CT EAPA NEWSLETTER

October 15, 2009 Minutes

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Call to Order by President Jerry Marcil at 9:08am. 19 members and visitors present.

Introductions

Meeting Minutes (Sept) – Gary Alger

MOTION: CT Chapter to accept September meetings minutes as presented in newsletter.

SECONDED and APPROVED.

Committee Reports –

Program – The void in coordination of programs was discussed again.

Betsy agreed, as VP, to oversee the Committee, but

voiced the need for re-formulation of a formal Program Committee with a chair who reports to the Chapter VP. Laurie Easton, Brian LeBlanc, Orlene Weyland, Liz Guerra and Gary have volunteered to work on the Committee. Karen has agreed to serve as liaison between the Chapter and hotels hosting

the December and June programs. Jerry has suggested that in the absence of a program today the Chapter might break up and meet in

respective Committees to set and/or move ahead with plans and programs.

Membership – Bud inadvertently deleted the Chapter membership list. While it has been re-constructed, he asked people to check it and let him know if anyone was missed.

Labor – see Membership Joys and Concerns regarding UTC proposed plant closings.

Hospitality – Thanks to all who contributed to breakfast today. There was discussion about a new coffee pot, and Becky Harris will make coffee once it arrives. Marcia Eager volunteered to bring food for November.

Public Relations – More discussion about the

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**We're back at Gaylord Hospital this year !
Directions on page 3**

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REMINDER

**We meet on the 3rd Thursday of every month
8:30—11:00**

NEXT MEETING –

November 19, 2009

Speaker: Gary Alger, LADC, CEAP

Topic: Best Practices for EAP's: Substance Abuse Assessment Tools and Forms

Location: Gaylord Hospital

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From The President – Jerry Marcil CEAP

Howdy y'all,

I would like to start by thanking the chapter for sending me to EAPA's 2009 International convention in Dallas. It was a great conference with fabulous keynotes, important information, ample opportunities to network and loads of fun.

I was able to attend two separate district leadership forums, one included all five districts, while the second forum was for district one. The theme of both forums centered on chapter membership and our identity or lack of identity as EA professionals. The consensus from the chapters was to identify and implement techniques and or incentives to increase and or maintain membership levels while returning to core EAP principals to distinguish ourselves from other mental health professionals.

Another theme that dominated the conference was that of growth opportunity for our profession. For example, a panel presenting on the mental health parity law were of the opinion that

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Speaker Schedule

DATE	TOPIC	SPEAKER	LOCATION	Hours
11/19/09	Best Practices for EAP's: Substance Abuse Assessment Tools and Forms	Gary Alger, LADC, CEAP	Gaylord Hospital	1

Bulletin Board

Office Space
 Well established solo practitioners in existing office suite in Farmington looking to expand in same area. Seeking new space and additional mental health practitioners to share a suite with group room and other amenities. Opportunity for referrals and group supervision. Those interested in joining this exciting venture, please contact Angela Mazur at 860-676-1193, ajm670@comcast.net.

Minutes ~ continued

September Hartford Courant article regarding EAP's. Apparently no Letters to the Editor were submitted. John Pacheco's past efforts to develop PR outreach ideas were mentioned and a suggestion was made to ask him to research his notes and report back next month. Orlene proposed the idea of hiring a PR consultant to help the Chapter organize and develop a new strategy.

Legislative & Public Policy – Gary reported that the 2010 General Assembly will be a short legislative session, during which bill submission and accessibility of legislators is more limited. There has been a void in Chapter activity of late, with hopes of renewing energy and efforts.

President's Comments –

Jerry encouraged attendance at International EAPA Conference next week. Brought up International's interest in Public Policy issues facing the profession. Also raised concerns regarding low attendance at chapter meetings. Jerry initiated a discussion on applying for additional CEU's for social workers, substance abuse professionals and others. There was ample uncertainty regarding specific procedures and standards, and Jerry charged the Program Committee with looking into the issue when programs are planned for the future.

Membership Joys and Concerns –

UTC labor members were asked to update the Chapter regarding concerns about proposed plant closings. Support and best wishes were expressed to those affected.

Old Business

Laurie repeated information, and provided registration forms for, the upcoming full-day training program offered by CT LAP, entitled "Returning Veterans, How Can We Help?"

DATENovember 9, 2009

LOCATION ...Teamsters Local 1150, Stratford, CT

FORMAT..... Panel Presentation and Discussion with members of CT's state and federal legislative delegations.

New Business

Gary proposed an idea to set aside Chapter funds to provide emergency assistance for members, in light of possible job uncertainty for some members in the coming year. Further discussion brought up good ideas including Betsy Lunt proposing wider Strategic Planning efforts in line with Chapter goals, Dan B. commenting on legal restrictions non-profits' funds must heed. Brian talked about possible avenues to help members from other associations. Jerry will check with International for precedents that might inform the Chapter.

Announcements – Al Samaras, director of Turning Point, in New Haven, introduced his organization - a transitional supportive program for men in early recovery coming out of substance abuse treatment, but need housing and continuing care

Adjournment at 10:14am.

In lieu of a scheduled program, the Chapter continued its discussion on program ideas.

Respectfully Submitted,

Chapter Secretary, Gary Alger, CEAP

The CT Chapter of EAP meets on the third Thursday of the month, September through June. The CT EAPA Newsletter is published monthly before each meeting. To submit items to the newsletter, contact Bud Wassell at 1-800-526-3485 or fax, 860-704-6222 or e-mail, gwassell@abhct.com



Connecticut Chapter

From The President - continued from page 1

parity would increase the utilization and importance of EAP. Another panel, made of up members from the Obama administration, stressed that substance abuse intervention and treatment were seen as significant factors in health care reform, therefore, increasing the role of EAP's. Only time will tell if our profession is better utilized and understood in the future, however, I left the conference feeling hopeful and inspired.

Respectfully,
Jerry Marcil, CEAP

Program Ideas—October 15, 2009

Connecticut EAPA

Adoption Issues – Vivien and Gary to line up speakers

Assessment Forms and Tools – Panel on best practices for EAP's
Substance Abuse, Psych, Other

EAP Supervisory Training – best practices for EAP's

DBT, Providing Safety

Sara Alves to check with Silver Hill social workers

Follow-up on 911 Trauma Survivors

Support Groups related to Survivors of Homicide

Relapse Prevention Skills and Practices in light of Trauma Survivorship
Michelle Vezzina

Sleep Disorders – assessment tools for EAP's

Insomnia Issues

Harm Reduction vs. Abstinence

Economy's Effects on Problem Gambling

Recovery Oriented Workplaces

Alternative Therapies in S/A Treatment
Al Samaras to check with Turning Point staff

DIRECTIONS TO GAYLORD

Gaylord Farm Road, Wallingford (203) 284-2800

From Hartford:

I-91 South to exit 17 (Route 15). Take exit 65, turn right onto North Turnpike Road. At traffic light, turn left onto Parker Farms Road. At stop sign, bear left to stay on Parker Farms Road. At next stop sign, turn right onto Gaylord Farm Road. ★

From New Haven via Route 15:

Route 15 to exit 64, turn left at traffic light. At second traffic light, turn right onto Cheshire Road. At stop sign, turn right onto Parker Farms Road. At next stop sign, turn left onto Gaylord Farm Road. ★

From New Haven via I-91:

I-91 to exit 13. Turn left, then right onto Toelles Road. At stop sign turn right onto Old Hartford Turnpike. Proceed to second traffic light, turn left onto Cheshire Road. At stop sign, turn right onto Parker Farms Road. At next stop sign, turn left onto Gaylord Farm Road. ★

From Durham:

Route 68 West to Hope Hill Road, Yalesville. Turn left. At stop sign, cross over to Parker Farms Road. At next stop sign, turn right on Gaylord Farm Road. ★

From Waterbury/Cheshire:

I-84 East to exit 26 (Route 70 to Route 10 South, Cheshire). Turn left on Wallingford Road, which becomes Gaylord Farm Road at the hospital. ★

★ Go past the main entrance to Gaylord Hospital, the road curves to the left. Turn left into the next driveway. Chauncey Conference Center is a separate building on the right. **EAPA Meeting at Chauncey Conference Center.**
Park in Lot E.



Connecticut Chapter